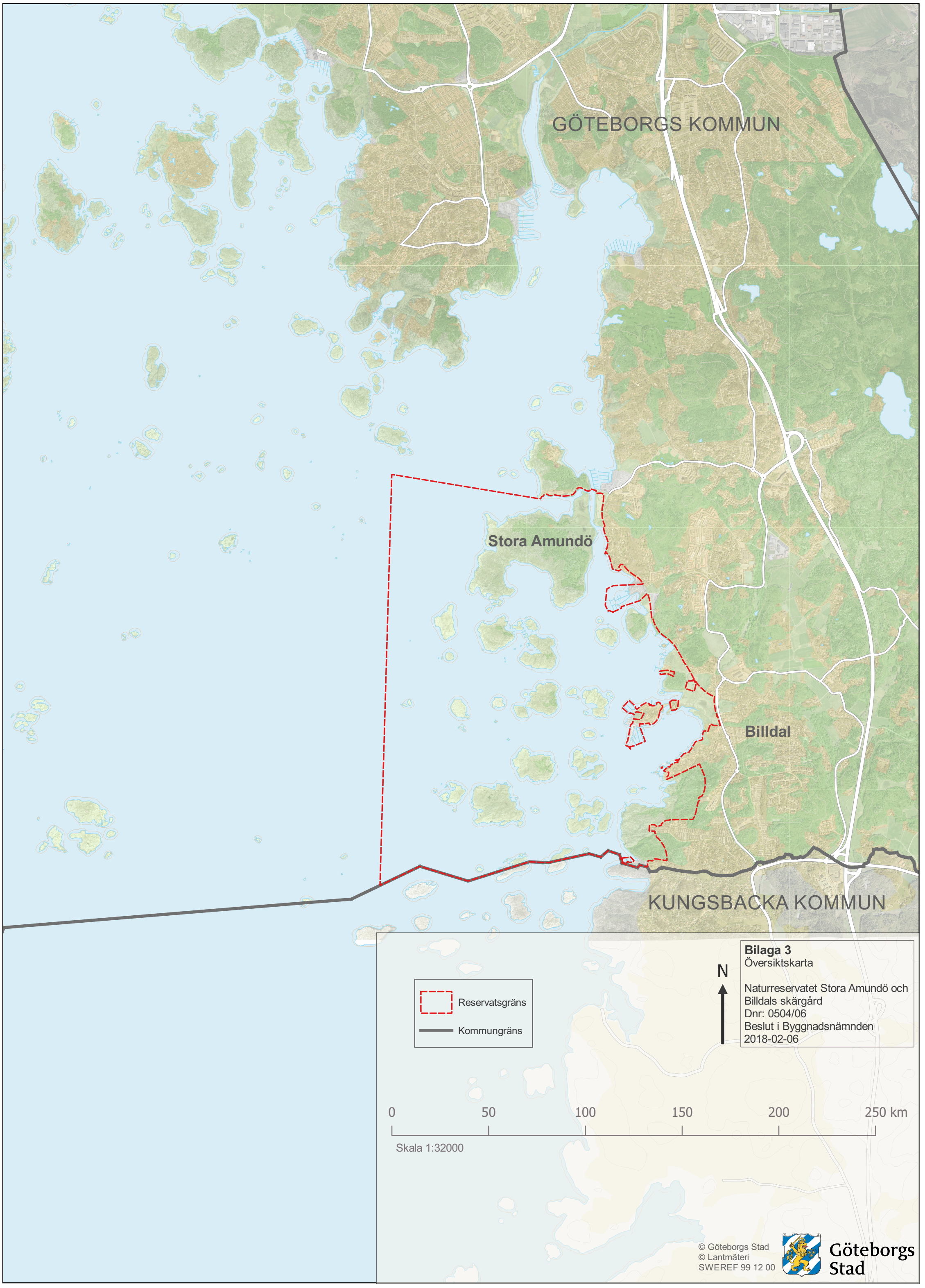Översiktskarta